Sanborn Running Club Permission Slip
2018-2019

Dear Parents:

Running Club Information Meeting on Tuesday, Oct. 30th, in the Library, from 2:50 – 3:30. You can attend with your students to find out all the details of the club. *This is NOT a running day for students!!* There will be a **Volunteer Training Day** in the Library on Thursday, November 1st, from 2:50 – 3:30 for all volunteers. Volunteers can bring their children to this meeting. Coloring tables will be available.

Yes!!! The *SANBORN RUNNING CLUB* begins **Monday, November 5th from 2:45 PM – 3:30 PM**. Students will go to the Ramada immediately after school, place their backpacks next to their grade level **Cone** and pick up their **Name Tag**. We will be using an Electronic Scanning System for miles this year. Students will then meet at their grade level cone in Pima Park for announcements and stretching. *RUNNING CLUB DAYS WILL ALWAYS BE ON MONDAY AND THURSDAY from 2:45 PM – 3:30 PM.*

Students will have the opportunity to earn a "100 miles" T-shirt and other great prizes for 200, 300 and 400 miles!!!

**** Students who attend 16 Running Club days are invited to
a Pool Party Celebration at the end of the year! ****

Running Club has a *activity fee of $15.00*. Please attach the $15.00 cash or check (written to **Sanborn**) to your registration. The change from a $5 to $15 fee is to cover the new mileage scanning equipment for practices, awards, ribbons, certificates and the Pool Party (Transportation and Food) at the end of the year.

I would also like you to consider purchasing a **"Good"** pair of running shoes for your child. Students involved in *Running Club* will be running on the pathways in Pima Park. This gives us plenty of space for safety and a fun environment to run in. Time will be spent on safety procedures, the importance of jogging with a friend and the dangers of strangers.

"Running Club"

(Sign other side)

Permission Slip

Running Club Guidelines

1. **Students should be attending all running club days. Please write down on the registration form if you can only run certain days and explain why. Example: Thursday only = Monday AR Club.**

2. **Runners <u>must</u> log-out of running club. No runner may be picked up while out on the course. Please pick up students at the Ramada area or students can meet you at parent car pick-up.**

3. **Students must run while at running club. Small walking break are OK. No sitting out and watching. Parents can watch their child, but we'd rather have you walking or jogging with them.**

4. **Students not enrolled in Running Club may not wait on campus for other Running Club members to finish. Siblings and friends must go home if they are not in Running Club.**

5. **Only proper Running Shoes are allowed for students' SAFETY. No Sandals, Heels, Boots or Crocs.**

We need <u>Volunteers</u> to help the runners place backpacks down and put on their name tag and to monitor the students on the course. (please check the Perm. Slip if you can help). If you have concerns or questions, please feel free to contact me at **(480) 812-7315** or <u>email me</u> on our school website. Running Club info forms and race schedules are <u>online</u>.

In order for your child to participate, you must fill out and sign the form below and pay the $15.00 fee.

*** Fee must be paid by Nov. 5 to participate in Running Club. ***

Transportation is <u>not</u> provided to or from ***Running Club or Races***. Runners must arrange their own rides.

*** *Please pick up your child on time and have a meeting place.* ***

(Detach & Return to Mr. Lewkowski by Oct. 31st)

- -

2018-2019 Running Club Permission Slip

My child (please print) _____, who is in _____ grade, has my permission to participate in the **18-19 *SANBORN RUNNING CLUB***. My child has permission to run off campus in Pima Park. I understand that I must provide transportation home for my child.

_____(Help with Running Club Y-___ N-___)   _____
   Parent/Guardian Signature   Teacher's Name

_____   _____   _____
     Parent/Guardian Telephone #   Boy / Girl   Date

Payment Info - There is a $15 fee to participate in running club. Payment must be received no later than November 5th. Please indicate your payment preference below;

_____ I'm including $15 in cash or check (payable to Sanborn) with this permission slip.

_____ I will pay the fee online. (Please allow a week for the fee to be added to your child's Infinite Campus Account)